

Walking Groups in North Glasgow

The Northern Sole Mates Walking Network offers free, led walks all over North Glasgow.

The walks are led by trained volunteers and are fun, friendly and open to all.

Under 16s must be accompanied by an adult. ***Please call ahead to check days and times.***



**North Glasgow
Walking Network**

Group	Meets at:	Contact:	Day	Time	Extra Info
Barmulloch Walking Group	Barmulloch Community Centre	Lorraine 0141 770 0783	Wednesdays	7pm	
Hamiltonhill Family Centre	Hamiltonhill Family Centre, Ellesmere Street	Lynsay 0141 332 2797	Tuesday Wednesday	9am 1pm	Buggies welcome
Lambhill Walking Group	Meet at Lambhill Bridge, Balmore Road	Megan 0141 201 9711	Friday	11am	
Maryhill & Canal Strollers	White House car park, Maryhill Road	Steve 07795 345 434	Wednesday	1pm	fortnightly
Maryhill Walking Group	Maryhill Shopping Centre, front entrance	John 07914 949 358	Thursday	6.15pm	
Milton Resource Centre	Milton Resource Centre, Ashgill Road	Lorraine 0141 772 7423	Monday	12pm	
NG Healthy Living Community	NG Healthy Living Community	Ashley 0141 336 7009	Thursday	10am	Re-launching in New Year
Nimble Feet Walking Group	Maryhill Community Central Halls	Irene 0141 332 2797	Wednesday	6.30pm	
Rosemount Walking Group	Rosemount Flexi Centre	Cath 0141 553 0808	Wednesday	6pm	Starting again in spring 2010
Stepping Stones for Families	Keppoch Campus	Betty 0141 770 4675	Thursday	10am	Starting again in spring 2010
Stobhill Hospital	Stobhill Hospital, by WRVS	Megan 0141 201 9711	Wednesday	12.30pm	
Summerston Walking Group	Bellcraig Community Centre	Sandra 07812 586 543	Tuesday	6.30pm	Starting again in spring 2010
Wallacewell Walking Group	Barmulloch Community Centre	Megan 0141 201 9711	Tuesday & Thursday	10am	